

# FRONT

**Full Name:** Sam Johnson

**Date of Birth:** 01/01/1980

**Emergency Contact:** Jay Johnson (Sibling)- (555) 987-6543

**Primary Care Physician:** Dr.Jane Smith (555) 944- 6743

**Allergies:**

- Penicillin
- Latex

**Medical History:**

PTSD Diagnosis  
C-Section (twins- 2003)  
Appendectomy (2015)  
Asthma

**Current Medications:**

- Sertraline 50mg daily
- Lisinopril 10mg daily



# BACK



## ***Important Information For Medical Professionals:***

*As a trauma survivor, certain things experienced during medical treatment may cause increased anxiety or distress.*

## ***What Helps Me:***

- *Clear, step-by-step explanations before any procedures*
- *Asking for consent before physical touch*
- *Option to have a support person present*
- *Dimmed lights, if possible*
- *Patience and a calm tone of voice*

