

IF I...**THEN I HAVE THE RIGHT TO...**

Notice my medical information is being discussed with others instead of directly with me



Ask that the health care professional speak directly to me about my medical information

If I request that my medical information be communicated to me directly, the healthcare professional should respect my preference and provide information directly to me, ensuring my privacy and autonomy.



Feel like I am not getting the care I need, the health care professional is rude to me, or I feel unsafe



Ask to work with a different health care professional

If I express concerns about the quality of care, unprofessional behavior, or feeling unsafe, the healthcare facility should take appropriate steps to address my concerns and, whenever possible, honor my request for a different professional.



Feel unsure about a diagnosis or care plan



Get a second opinion from another health care professional

If I want a second opinion, I have the right to seek one from another qualified health care professional. My doctor should respect that decision and help me access the information I need.



Need assistance with language



Ask for an interpreter to ensure effective communication with the health care professional

If I need an interpreter to overcome a language barrier, the healthcare facility should provide a qualified interpreter to ensure that I have clear and effective communication with the health care professional. Using a family member or friend to interpret could (even unintentionally) increase my risk in my abusive relationship.



Have a disability and require assistive or adaptive equipment



Ask for the necessary accommodations to meet my needs

If I have a disability and need assistive or adaptive equipment, the healthcare facility should make reasonable accommodations to ensure I can access the tools and support necessary for my care.



Your voice matters. You deserve respectful, safe, and high-quality care. Don't hesitate to speak up.

