

Starting in 2026

Virtual Support Group

For Older Women Survivors of Intimate Partner Violence (Approx. 60+ Years of Age)

Who should attend this group?

This space is designed for older women who have experienced IPV, including those in long-term abusive relationships, to connect with peers and explore healing strategies related to aging, long-term trauma, and wellness in later life.

Group topics will include:

- Navigating healing after years of trauma
- Building social connection and reducing isolation
- Coping with physical and emotional changes related to aging
- Reclaiming identity and purpose

Interested in joining?

Email dvcoalition@medchi.org or call us at 410-685-1814 or 410-878-9893.

The date & time of this group will be reflective of participants' preferences

Need immediate support?

National Domestic Violence Hotline:

1-800-799-7233

To find your local domestic violence hotline: <https://www.mnadv.org/get-help/domestic-violence-service-providers/>

Groups are FREE!



MARYLAND HEALTH CARE COALITION *Against Domestic Violence*